S SafeRabies

WASH FOR 15 MINUTES

After an animal bite, scratch, or saliva exposure

Do this immediately - before going to the clinic

Use soap and running water. Keep washing for the full 15 minutes, then seek urgent medical advice.

1 Rinse

Use running water. Let water flow over the wound.

2 Soap

Wash gently but thoroughly with soap.

3 Keep washing

Continue for the full 15 minutes.

15-minute timer guide

0-5 min	5-10 min	10-15 min

After washing

- Apply antiseptic if available
- Seek urgent medical care
- Tell the doctor what animal was involved
- Do not wait for symptoms

Avoid

- Do not apply irritants
- Do not delay medical advice
- Do not assume a small wound is safe
- Do not rely on home treatment only

Next step: contact a doctor, emergency department, or public health authority.

Bring details: animal type, time of exposure, body site, vaccination status, and whether the animal can be observed.

Sources: WHO and CDC rabies guidance recommend 15-minute wound washing and urgent medical assessment.

Educational use only - does not replace emergency medical care. If exposure occurs, seek urgent medical adv